# Shrine Mont 2021

### Register online at stjamesleesburg.org/shrine-mont-retreat

### Rest...Relax...Renew

Have you ever wished that you could connect with more people at St. James' Church in a restful setting so that you could get to know them better?

Are you looking for a chance to escape from the daily grind so that you can unwind and relax? Have you ever wanted more time to renew your relationship with God as you enjoy God's created world?

If your answer to these questions is "yes!", then the St. James' Church Retreat at Shrine Mont is for you!

At Shrine Mont, you get:

- ♦ Time to relax and slow down
- Time for yourself and your family
- ♦ Comfort food
- ♦ Naps
- ♦ Spiritual nourishment
- ♦ Hike up North Mountain
- ♦ Saturday night Porch Jam
- ♦ Fishing at the ponds
- ♦ Fresh air
- ♦ Rest
- Porches, rocking chairs, woods, and mountain air
- ♦ Re-creation!

### SHRINE MONT IS BACK!

Shrine Mont's mission of being "A Place Apart" has a completely new meaning this year for folks who have been staying at home or self-quarantined for months. The Shrine Mont leadership and staff feel compelled to fulfill that mission now more than ever. In response to the Covid-19 pandemic, they have taken the necessary steps to ensure that they are meeting CDC, state and our local health department guidelines, including taking temperatures when necessary, wearing masks, adding hand washing and hand sanitizing stations around the grounds, and requiring appropriate social distancing.

### What is Shrine Mont?

Shrine Mont is the jewel in the crown of the Diocese of Virginia's retreat and conference centers. It's nestled in the Shenandoah Valley in Orkney Springs, Virginia, about an hour south of Winchester. Its bucolic setting features cabins and lodges, with plenty of woods, mountains, streams, and fresh air all around. It's literally at the end of the road, so there's no traffic, no noise, and no cell phone reception. Each spring, parishioners of St. James' Church gather at Shrine Mont to relax, refresh, and renew. Come and experience Shrine Mont for yourself—it's a marvelous place!

### What do we do there?

Shrine Mont is a great place to connect and reconnect with your fellow parishioners, and it's a lovely spot to deepen your relationship with God. We invite you to join us for this opportunity to unwind and come together as the St. James church family in a relaxed setting.

While there is a program on Saturday morning and all kinds of activities throughout the weekend, participation in any activity is purely voluntary. You and your family members are welcome to join in, or not. Perhaps you prefer to simply relax in the rustic environment and join others for meals. Some people just nap and read books. Others enjoy wandering trails, exploring the creeks, or browsing the book shop and candy store. Join any activity if you want, when you want. And if you are first-timer at Shrine Mont, we'll be happy to show you around so you can familiarize yourself with this very special place!

- The retreat begins on Friday evening by gathering on the Front Porch for check-in.
- Saturday evening features a social time and porch jam with a singalong, Compline, a movie for the kids and board games in Hall House.
- On Sunday morning we'll gather for worship at The Cathedral Shrine of the Transfiguration (outdoors).

## Shrine+Mont 2021

### Things to bring:

- ♦ Snacks, appetizers and drinks for social events
- ♦ Flashlight
- ♦ Blankets and pillows
- ♦ Casual clothes and walking shoes
- ♦ Jackets and rain gear/warm hoodies
- ♦ Extra towels and washcloths
- ♦ Sports/fishing equipment
- ♦ Bug spray
- ♦ Your Bible, books and board games

## Shrine Mont's Covid-19 guidelines require guests to:

- ♦ Wash hands regularly
- Wear a mask inside public buildings
- Practice safe social distancing and pay particular attention to avoid close contact with guests in other cottages.
- Wear masks outside where you find yourselves having to be closer than 6 ft to others.
- Bring your own blankets, pillows, pillowcases, wash cloths and towels.
- Bring your own sports equipment, and other entertainment.
- ♦ Abide by Shrine Mont's quiet time at 10:00 pm
- When you leave, please empty the refrigerator, turn off all lights, fans, air conditioning (if applicable) and pull the door closed.



### Things to leave at home:

- ♦ Pets (not allowed at Shrine Mont)
- ♦ Radios, boom boxes
- ◊ iPods, iPads, CD players, headphones
- Cell phones (there is little to no cell phone reception at Shrine Mont—give it a rest!)
- ♦ Squirt guns, water balloons
- Skateboards, roller blades
- ♦ To-do lists
- Work-related materials
- Fireworks

#### What about children?

Shrine Mont is a wonderful place for children. It is tucked in at the end of a cul-de-sac and is surrounded by mountains. There is plenty of time for finding salamanders, visiting the candy store, and just exploring God's creation in a free and unstructured way. Playgrounds, hiking trails, tennis and basketball courts, as well as indoor children's activities will be available.

### How's the food?

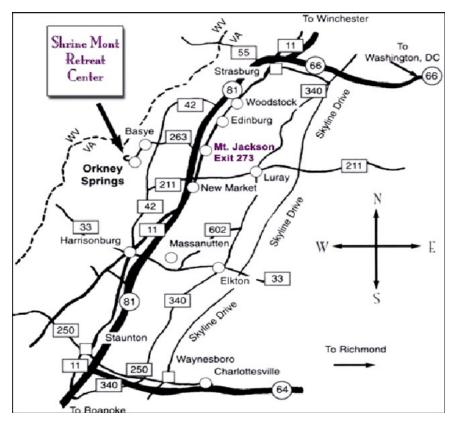
Delicious! The meals are good old-fashioned American comfort food, including scrambled eggs, pancakes, meat loaf, fried chicken, mashed potatoes, mac and cheese, and green beans. There are vegetarian and gluten-free options, too. We encourage you to bring snacks and your favorite refreshments for social hour.

### **Covid-19 Guidelines for meals at Shrine Mont:**

- Shrine Mont will serve meals cafeteria-style in the Tucker Kitchen.
- Guests will be expected to remain 6 ft. apart by family units and wear masks when in line and inside except when eating.
- Guests may choose to eat outside or safely distanced in the dining room when there is space available

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## Shrine + Mont 2021



## When do I find out where I am staying?

Housing assignments change up to arrival time, so you'll learn where you are staying when you get to Shrine Mont. For safety reasons, we ask that you not change your room assignment. You will be given a registration packet once you check in on the Virginia House Front Porch between 4:00-7:00 pm on Friday. Please let us know in advance if you expect to arrive after that time.

If you have special requirements for housing (eg, wheelchair accessibility, etc.), please indicate that on your registration form.



Directions to Shrine Mont: Take Rte 7 West to I-81 South. Follow I-81 South to Exit 273 (Mt. Jackson). Turn left and cross over I-81. Turn right onto Rte 11 South. Follow Rte.11 South to Rte. 263 West. Follow Rte 263 West to the end of the road. Drive time is approximately one hour and 45 minutes from Leesburg

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